



MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With your Kids

How To Train Your Emotions 4
MAY 13, 2020

THIS WEEK'S LESSON: JOY



IN THE CAR:

Ask your child what they learned about this week on the drive home:

Paul and Silas were thrown into prison for telling people about Jesus. Most prisoners probably would have been filled with anger, sadness or fear. But Paul and Silas were filled with joy – singing songs of praise and praying to God. Even in the most terrible of times, if our focus and hope is on Jesus, we can have joy and peace.

Acts 16:22-34, Paul and Silas in Prison



HANGING OUT:

Make this week's lesson real:

When something goes wrong for you, your family, or your kids this week, sit down with them and sing a praise song. Thank God for His love, and remind your children that God can give us joy even when things go wrong.



AT DINNER:

Here are some great discussion starters:

-Why were Paul and Silas joyful in prison?

-How can God's love give us joy in hard times?

-How can we receive Jesus as our Savior so we can always have joy?



AT BEDTIME:

Quiz your child on this week's memory verse:

"Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance." - James 1:2-3 (NIV)



PARENT TIME:

What you need to know:

Joy is more than a feeling. It is the peace that comes from knowing God loves us and God is always in control. We can have joy in good times and bad. Pray for our children to know true joy and to know Jesus as their Savior.

HOW TO TRAIN YOUR EMOTIONS: JOY